



## From the Leadership Team

Dear Parents, Students, Staff, Past Students, Past Staff and Community,

The five yearly External Review for the College took place last week. The purpose of the review was to provide the College with independent feedback about how the school is progressing in its improvement journey and to provide direction for the future. The criteria used was the National Schools Improvement Framework as this fulfils the legislative requirements of the Non-State School Accreditation Board. The panel consisted of four educationalists who spent three days at the College engaging in in-depth conversations and observing classes in action. The process provided opportunity for a variety of community feedback and we are grateful to those who participated. At the end of the review process, the school will be given a rating for each of the nine domains. The final report will be forwarded to the College soon with a summary then made available to the community. We were very satisfied with the initial findings and look forward to receiving and sharing the final affirmations, commendations and recommendations.

On Wednesday we hosted a group of 13 Principals from Catholic Schools in Singapore accompanied by representatives from Brisbane Catholic Education. They were interested in the approach taken by San Sisto College in



the delivery of a planned and strategic vision for Catholic Identity within the framework of the Dominican charism. A tour of the grounds and classrooms highlighted the prayer spaces and iconography within our campus. Two Religion classes were also visited by the group. Thank you to Erica Qureshi for leading the tour and to the teachers and students who we visited along the way. Comments were as follows:

*Thank you for enabling us to understand that we do not teach students about God only in classrooms. Every part of your school 'spoke' of the presence of God which students and staff can experience without the need to be only in a classroom to learn about God.*

*I believe that your students are very blessed to be in this school as you have prepared them well for the future. There is a strong focus on Catholic ethos.*

*It is a beautiful experience being in your school. I get this sense of serenity. Thank you for sharing the rich legacy of your school.*

Congratulations to our interschool cross country team for their second placing at the recent CaSSSA (medium sized schools) event. Thank you to the staff who were involved in the training, preparation and catering for the team.

Reconciliation week was recognised and students were able to leave messages on the newly established chalk board in Cecilia Square (a special acknowledgement to the Environmental committee lead by Alice Mauga for the chalk board initiative).

God's blessing for the week ahead,

Mrs Shelley Hamilton

Principal

[e shamilton@bne.catholic.edu.au](mailto:shamilton@bne.catholic.edu.au)

## Religious Life of the School

### Meditative Prayer

As we approach the busyness that mid-term brings, here is a timely reminder of the need for stillness and silence. Integral to the life of a Catholic school, prayer and worship have the potential to nourish the spiritual growth of all members of our college community. Meditative prayer is a spiritual discipline or exercise specifically intended to lead us to inner stillness and the state of being with and in God.

Meditative prayer occurs every school day just before first break. All staff, students and visitors participate in meditative prayer for three minutes.

Why do we participate in meditative prayer?

- Need for silence
- Need for relaxation
- Need for an inner life
- The imperative of developing the prayer life of this community

(Catholic tradition, Mindfulness Movement, Psychology)

What does meditative prayer do?

- Slows down busy minds
- Improves concentration and attentiveness
- Helps people to cope with stress and anxiety
- Leads people to the art of mindfulness and being present to the moment
- Develops a sense of inner peace and calm
- Creates an awareness of a deeper sense of God's presence in silence and stillness
- Opens hearts to experience the gift of contemplation and a sense of oneness with creation.

(From Silence, Stillness, Simplicity: Guidelines for Catholic and Ecumenical Schools)

Have a great week!

Mrs Erica Qureshi  
Assistant Principal Religious Education

e [equreshi@bne.catholic.edu.au](mailto:equreshi@bne.catholic.edu.au)

### Habit of Mind

Remain Open to Continuous Learning



### Habit of Spirit

Seeking and Speaking the Truth



## Rose Retail Centre College Blazer

A reminder that during the months of June, July and August it is compulsory for students to wear their blazers to and from school.

Jumpers may be worn by themselves inside the College grounds, however should not be worn as the outer layer at any other time.

If you have not already purchased your blazer, please see Mrs Hancock at the

Rose Retail Centre as soon as possible.

It is compulsory for Bologna students to wear their stockings during these months as well. Students in Years 7-10 are welcome to wear stockings if they so choose.

The sports jacket should NOT be worn with the formal uniform at any time.

Mrs Anna Doré  
Assistant Principal Student Wellbeing  
e [adore@bne.catholic.edu.au](mailto:adore@bne.catholic.edu.au)

## Rose Retail Centre Winter Blazers and Jumpers

Our College blazer, jumper and scarf are available for purchase from the Rose Retail Centre.

The winter uniform includes the blazer and jumper with the tights only compulsory for Years 11 and 12.

Mrs Janine Hancock  
Rose Retail Centre  
e [janine.hancock@bne.catholic.edu.au](mailto:janine.hancock@bne.catholic.edu.au)



## Study Tips

### Improving typing and handwriting skills

So, you don't have much homework tonight? Assignments and study notes up to date? Have you ever thought about spending a bit of time each night learning touch typing?

Touch Typing is when you can type without looking at the keys while you type. This means you can type much faster than if you had to look and see where each key is, and it means you can keep looking at whatever it is you are typing instead of the keys. This is an incredibly useful skill to develop – it will help you at school and later in life as well, improving your efficiency and speeding up work on assignments and essays. Once you learn touch typing, you will know where the keys are located on the keyboard through your sense of touch and you will be able to look at the screen or whatever you are typing rather than the keyboard.

On [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) there is a section to get you started on your journey of learning touch typing. Click on unit Technology Tools and on the Learning Touch Typing page you will find links to lots of free software to help you develop your touch-typing skills as well as some great tips to get you started. There is also a discount voucher to the professional Type Quick course. Being able to touch type will definitely make life easier for the students in the senior years and beyond. 10 minutes practice a day could end up making a big difference.

But don't neglect your handwriting skills either. As long as you have to submit handwritten work or handwrite

for tests and exams it is also important to improve the legibility and speed of your handwriting. Go to [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) and visit the Writing Skills unit and click on the Improving Handwriting section. You'll find some excellent strategies for improving your handwriting as well as some special pens that can assist you with this such as the RingPen shown below.



### Should students type or handwrite their study notes?

Short answer, they are better off doing whatever the exam or test will be. If the exam is handwritten, it is better to handwrite notes. This creates muscle memory, it sets up a pattern in the brain of what they will be doing in the exam. If they do not have exams, then it does not really matter, they can choose to either type or handwrite their notes.

For students who do have written exams, they are better off getting used to writing as much as possible, especially as students do less and less pen to paper and more and more on the keyboard. It is also argued that by writing the information, you set up pathways of familiarity and recognition in your brain that will kick in when you are in an examination situation.

On the other hand, some subjects have so much content that to try and wade through it with handwritten study notes would take forever. A good compromise

for students who would prefer to type is to start making initial notes on the computer as this allows you to cut and paste, group information and rearrange it with ease. Once you have a core set of notes completed, you may like to further summarise some sections on paper using a more graphical or visual form of note-taking such as mind-mapping. And when you are learning the notes, read a section, then see what you can write without looking, this way you will be testing if the information is in long-term memory and practicing your handwriting at the same time!

Given that students now have to be masters of both the pen and the keyboard it is important to develop both legible handwriting and touch-typing skills. When exams all go to typing at some stage, which they will inevitably do, everything will change.

Our school's subscription details are:

[www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)

Username: forsansistoonly

Password: 29results

Mrs Anna Doré  
Assistant Principal Student Wellbeing  
[adore@bne.catholic.edu.au](mailto:adore@bne.catholic.edu.au)





## San Sisto Directory

### Principal

Mrs Shelley Hamilton  
e [shamilton@bne.catholic.edu.au](mailto:shamilton@bne.catholic.edu.au)

### Deputy Principal

Mr Brad Barker  
e [bsbarker@bne.catholic.edu.au](mailto:bsbarker@bne.catholic.edu.au)

### Assistant Principal RE

Mrs Erica Qureshi  
e [equreshi@bne.catholic.edu.au](mailto:equreshi@bne.catholic.edu.au)

### Assistant Principal Student Wellbeing

Mrs Anna Doré  
e [adore@bne.catholic.edu.au](mailto:adore@bne.catholic.edu.au)

### Business Manager

Mrs Gail Winks  
e [gail.winks@bne.catholic.edu.au](mailto:gail.winks@bne.catholic.edu.au)

### SCHOOL COORDINATORS

#### Acting Caleruega (Years 7 and 8)

Mrs Liz Madden  
e [emmadden@bne.catholic.edu.au](mailto:emmadden@bne.catholic.edu.au)

#### Acting Fanjeaux (Years 9 and 10)

Mrs Tania Stevens  
e [tstevens@bne.catholic.edu.au](mailto:tstevens@bne.catholic.edu.au)

#### Acting Bologna (Years 11 and 12)

Mrs Louisa Makepeace  
e [lmakepeace@bne.catholic.edu.au](mailto:lmakepeace@bne.catholic.edu.au)

### STUDENT PROTECTION CONTACTS

Shelley Hamilton, Principal  
e [shamilton@bne.catholic.edu.au](mailto:shamilton@bne.catholic.edu.au)

Anna Dore, Assistant Principal  
e [adore@bne.catholic.edu.au](mailto:adore@bne.catholic.edu.au)

Kirsteen Bostock, Guidance Counsellor  
e [klbostock@bne.catholic.edu.au](mailto:klbostock@bne.catholic.edu.au)

### COLLEGE CONTACT INFORMATION

t 07 3900 9800  
f 07 3843 1921  
e [scarina@bne.catholic.edu.au](mailto:scarina@bne.catholic.edu.au)  
w [samsisto.qld.edu.au](http://samsisto.qld.edu.au)

### STUDENT ABSENCE LINE

t 3900 9888

## Café Caterina

### Term 2 Menu

Check out the menu for Term 2 on the Parent Portal and College website. We will have a few new specials to tempt you with.

[Click here to view.](#)

### Flexischools Online Orders Get Priority Service

When you pre-order online through Flexischools, you get to dodge the queue on arrival. Come to the small window to pick-up your orders.

If you are waiting in line at the small window and have not pre-ordered, you will be asked to move to the back of the queue until these orders are collected. The system brings a sense of order to the lunchtime rush for our staff and volunteers. Thank you for your patience and understanding.

### Café Roster Term 2: 10 - 14 June

#### Monday 10 June

- Maree Barron
- Kelly Hendry

#### Tuesday 11 June

- Taeko Kashiwagi
- Lisa Anthony

#### Wednesday 12 June

- Marg Dinte
- Tina McCaul

#### Thursday 13 June

- Cheryl Gorman
- Fiona Austen

#### Friday 14 June

- Rachel Stecher
- Sharon Convery
- Georgie Rutherford

Mrs Margaret Kupper

Café Caterina Convenor

e [mkupper@bne.catholic.edu.au](mailto:mkupper@bne.catholic.edu.au)

## Upcoming Events

9 June	Spirit: Music to Touch the Soul from 2.00 pm	18 July	QTAC Parent Evening
	Our Lady of Graces	20 July	San Sisto Trivia Night from 7.00 pm
	Catholic Church		Siena Centre
17 June	San Sisto High Tea 12.15 pm - 1.30 pm		Tickets on Flexischools
	Hospitality Dining Room C2	23 July	Parent/Student/Teacher Interviews 3.30 pm
23 June	Father & Daughter State of Origin 7.00 pm	26 July	College Tour 9 am
	Siena Centre	2-3 August	San Sisto College Musical
25 June	Careers Expo 3.00 pm - 8.00 pm		<i>Rockin' Robin</i>
	Siena Centre		Chandler Theatre
			Sleeman Sports Complex
			Tickets on sale June 10
		9 August	College Dance 7.00 pm



## P&F Event



### P&F Father and Daughter State of Origin Event

Date: Sunday 23 June  
Time: from 7.00 pm  
Location: Siena Centre  
San Sisto College  
Price: \$4.00 per person

The cost includes a pizza, prizes, games, and much more.

Attire: State of Origin Themed

Come along to watch QLD take on NSW in the second game of the 2019 State of Origin series on the Siena Centre big screens for the annual P&F Association event.

Tickets are now on sale through Flexischools. Registration is essential.

Visit [w flexischools.com.au](http://w.flexischools.com.au)



## P&F Event



### San Sisto College Trivia Night

Date: Saturday 20 July  
Time: from 7.00 pm  
Location: Siena Centre  
San Sisto College  
Price: \$10.00 per person

it will be a fun and fast night of eight 15 minute rounds of questions.

Prizes: Trivia winners, lucky door and multiple raffles.

No tables will be reserved unless paid in full with booking.

**Sorry, no door sales.**

Please note this is an event for parents, NOT students and children. No admittance under the age of 18.

Tickets are now on sale through Flexischools. **Registration is essential.**

Visit [w flexischools.com.au](http://w.flexischools.com.au)

Mr Ryan Gould  
Academic Leader - PE & Sport  
[eryan.gould@bne.catholic.edu.au](mailto:eryan.gould@bne.catholic.edu.au)

## High Tea



### San Sisto High Tea

#### San Sisto High Tea

Date: Monday 17 June  
Time: 12.15 pm - 1.30 pm  
Location: Hospitality Dining Room  
C2, San Sisto College  
Price: \$10 per person via

[w flexischools.com.au](http://w.flexischools.com.au)

RSVP by 10 June

[e deborah.c.palmer@bne.catholic.edu.au](mailto:deborah.c.palmer@bne.catholic.edu.au)

## SPIRIT - Music to Touch the Soul

The Thomas Cantley Singers present a choral afternoon - music of peace, praise and celebration from around the world.

Date: Sunday 9 June  
Time: from 2.00 pm  
Location: Our Lady of Graces  
Catholic Church  
100 Mayfield Rd, Carina

For more information, check us out on Facebook, or email us at:

[e tschoir@gmail.com](mailto:tschoir@gmail.com)

## Japanese News

Although it is only Term 2, I am very happy to report that much has happened in Japanese classes. From learning new words, phrases, and characters in the Japanese language, to fun activities, students have been having a great time in Japanese classes.

Our Year 7 students had great pleasure in meeting Japanese students from St Mary's College where they practiced their self-introduction phrases. In return, St Mary's students have taught us Japanese songs. Now the girls are busy practicing Hiragana scripts for their upcoming exam!

Years 9 and 10 students have also been furthering their studies in Japanese. One of the activities Year 10 students undertook this year, was making a San Sisto Tour video in Japanese which they showcased to St Mary's students. In Term 2, students are very eager to use the restaurant and dining phrases they have been studying in the upcoming Sushi Train excursion.

Meanwhile, the Year 12 class has been enjoying our final year of Japanese, at San Sisto College. As part of the Tourism unit, the Year 12 students have made a San Sisto tour video which they are planning to show to Kyoto Koka High School students in Term 3.

At the beginning of Term 3, we are expecting Kyoto Koka High School students for 12 days. All of us are excited to make new friends and to learn about Japanese culture and their high school life! Also, during next term,

everyone will have the opportunity to enjoy various activities organised for Languages Week! So stay tuned, to hear more about exciting events coming.

Rachel Anthony  
2019 Language Representative

## Write4Fun

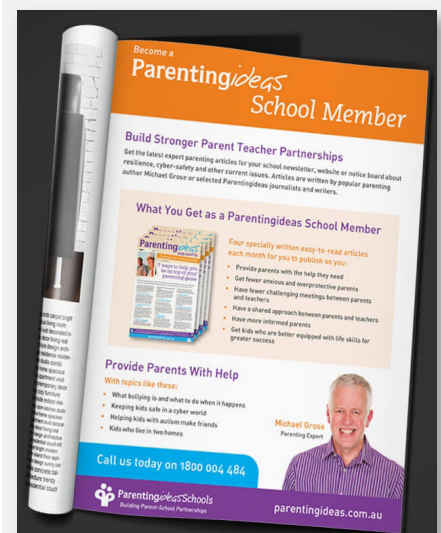
Write4Fun contacted me last week to tell me that there were over 10,000 entries this year. The young ladies of San Sisto College were in the top 10% of entrants who were successful in progressing past the initial judging and showed this level of achievement. Give them a round of applause!

Ms Relja  
Teacher Librarian



## Parenting Page

### Parenting Ideas Resources



San Sisto College has a school membership with Parenting Ideas which allows us access to the latest parenting information and support for parents.

All the resources can be found on the Parent Portal under the Student Wellbeing tab.

Here you will find articles and EGuides on a range of topics including Friends, Coping and Confidence.

In addition, parents can go directly to the [Parentingideas website](https://www.parentingideas.com.au), where more Eguides are available for purchase ranging in price from \$15. Look under Resources and click "Find Out More".

During the purchase parents will set-up their own user account so they will always have access to the E-books/guides via their own dashboard.

[Click here](#) and enter your name and email address to receive regular parenting blogs and articles.





## Sport

### CaSSSA Cross Country Medium Schools

Congratulations to everyone involved in the Interschool Cross Country on Friday last week. I don't think you can truly understand how cold Ipswich can be until you have been part of a cross country team. I am proud to say that we finished in second place, pushing Stuartholme the whole way and narrowing the margin on last year.

I am amazed at the improvement I saw through our training program. We have an extremely strong team, who will continue to develop in the coming years. I would like to congratulate Taylor Hulbert, Charlee Kavanagh, Jasmine McCulloch, Jess Buckley, Meg Quinton and Stella Major who finished in the top five in their respective races. In particular, I would like to congratulate Jess Buckley who was our fastest runner on the day with a

time of 17.04 minutes for the 4 kilometre course. Lastly, the whole team and I would like to thank Ms Penberthy and Mr Barber for their continued support and coaching.

Mr Ryan Gould  
Academic Leader – PE & Sport  
e [ryan.gould@bne.catholic.edu.au](mailto:ryan.gould@bne.catholic.edu.au)



## CaSSSA Results

Team	San Sisto	Opposition	Player of the Week
<b>Volleyball 05/06</b>			
Junior B (Corley)	SSC 1-43	MTA 2-64	Dakota Ritchie
Junior F (Holden)	SSC 2-58	MSM 1-48	Dana Farquhar
<b>Netball 05/06</b>			
Open A (Giffen)	SSC 15	SRC 49	Alice Mauga
Open B (Penberthy)	SSC 20	SMC 22	Ailish Lee
Open D (Saltmarsh)	SSC 35	SJF 3	Jenna Hande
Inter B (Buckley)	SSC 14	LOR 28	Emily Milligan
Inter C (Nassar)	SSC 7	LOR 23	Katie Arro-Steele
Inter D (Chung)	SSC 11	SRC 18	Grace Miller
Inter E1 (McKenna)	SSC 29	LOR 6	Charlotte Massey
Inter E2 (Smith)	SSC 3	LHC 11	Abby Uhlmann
<b>Football 05/06</b>			
Open B (Gould)	SSC 7	SJF 1	Molly Brennan
Junior A (Harris)	SSC 1	LHC 0	Chloe Flowers
Junior C (Makepeace)	SSC 4	SRC 0	Ciara Di Pino

## Study for a day

This event is designed to get your students behind the scenes, working on fun creative projects and expanding their skills in their chosen creative interest – Audio, Animation, Graphic Design, Film or Games.

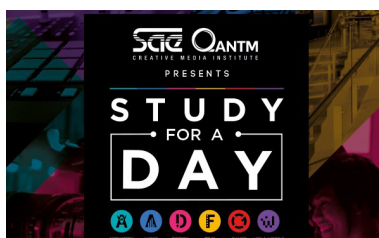
Study For A Day is a fantastic way for them to experiment with creative media and get hands-on experience in our state-of-the-art studios with guidance from our expert lecturers as they develop a creative piece.

Date: Saturday 15 June

Time: 9.00 am - 4.00 pm

Cost: \$35.00 per person

Location: [sae.edu.au](http://sae.edu.au)



## San Sisto Careers Expo

On Tuesday 25 June, all San Sisto College students and their parents are invited to attend the San Sisto College 2019 Careers Expo. There will be a vast array of exhibitors on the night, ranging from the Australian Defence Force to The University of Queensland and many more.

Please see below for specific event details.

Date: Tuesday 25 June

Time: 3.00 pm - 5.00 pm

Location: Siena Centre

Elise Godwin  
Careers Counsellor

e [egodwin@bne.catholic.edu.au](mailto:egodwin@bne.catholic.edu.au)



## QTAC Parent Information Night - 18 July

Our Year 12 parents are invited to attend the San Sisto College QTAC, (Queensland Tertiary Admissions Centre) Parent Information Night. This information session outlines the QTAC application process, in order for students to gain entry into a variety of tertiary institutions. This includes Australian Catholic University, Griffith University, The University of Queensland, Queensland University of Technology, TAFE Brisbane and many more.

Information regarding scholarships, student fees and requirements for entry will also be discussed.

QTAC applications open in August and each Year 12 student will attend a QTAC Interview in either Term 3 or the beginning of Term 4. For more information please visit <https://www.qtac.edu.au>

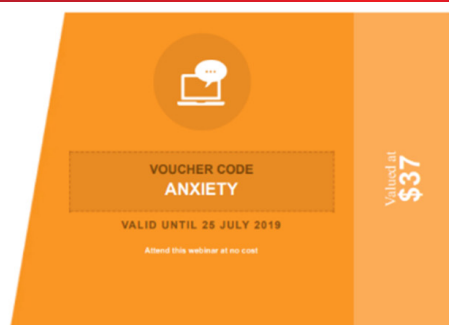
QTAC | CHOOSE THE FUTURE

Your Parenting Ideas  
Webinar Voucher

Webinar: Managing your child's anxiety

Guest Speaker: Michael Grise

25 June 2019 - 08:00pm



## Free Webinar

Managing your child's anxiety. For more information, please click on the link below:

<https://www.parentingideas.com.au/blog/managing-your-childs-anxiety/#.XPb8qMqtIFA.email>

Nubia Jaimes  
Wellbeing Officer





## Reconciliation Week

During the week 27 - 31 May we celebrated Reconciliation Week. This is a significant event in the San Sisto College calendar. The national theme for 2019 is, "Grounded in Truth, Walk together with Courage".

We believe that all Australians should learn about our shared histories, cultures and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. Throughout the week we actively learnt and participated in a collaborated art piece to show our commitment to our Reconciliation Action Plan.

There were some wonderful things happening throughout the College such as prayers of reconciliation, walking the Labyrinth, library displays and resources. The highlights for most of the students were the weaving and yarning circles in the Convent Garden and 'rocking on down' at Cecilia Square whilst painting a collaborated art piece.

We should all be really proud of our efforts and continue to strive for reconciliation, healing and positive relationships with our 'First Nations' people. We all have a part to play and I think each of us is committed to playing it.

Our amazing students have written a statement that will not only be displayed

in our College but will be etched in our hearts. A big thank you to all who supported and participated in the running of the activities. May we seek connectedness as all Australians in the journey to true reconciliation.

Miss Nadine Foley  
Indigenous Liaison Officer

R ecognising past hurts  
E quality  
C ommunity  
O ne heart, one voice, open ears to hear all  
N o more pain  
C losing the gap  
I dentity  
L istening and learning from each other  
I nitiatng change  
A ctng for justice  
T rustng that we can be one  
I nspiring new beginnings  
O nly moving forward  
N ever giving up



## College Tour

Friday 26 July

9 am – 10.30 am

[Register Here](#)

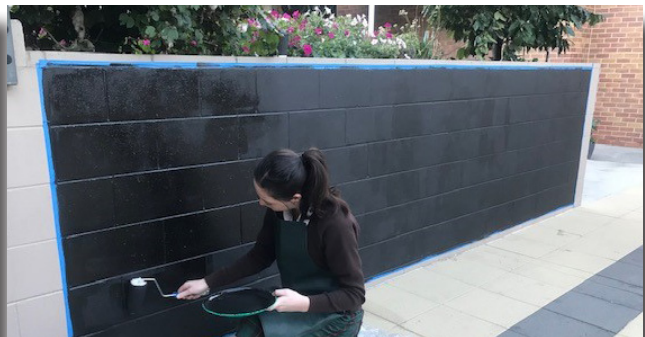


## Chalk Wall

With great excitement, the environmental group has transformed a blank wall within Cecilia Square into an environmentally-friendly notice board. Students have created a reusable and multi-purpose space where we can commemorate, celebrate and bring awareness to a range of topics valued by our community.

The wall has been used to celebrate 100 days left for Year 12s, Reconciliation Week, World Environment Day, and Italian National Week. Thank you to all the staff and students who have contributed to this positive space.

Gabe Lang  
Geography Teacher



## We want to hear from you.

### Send us your news and we will include it!

Are you a current or past San Sister with news to tell? Then we want to hear it. Send us your article and we will share it with the wider San Sisto community.

Also, send us feedback on your *Verigram* experience. Positive or negative, all feedback helps us understand what we are doing well, and areas that need improvement.

Send your feedback to Sophia Toparis, Media and Communications Officer on [e s.toparis@bne.catholic.edu.au](mailto:s.toparis@bne.catholic.edu.au)

## Contact Us:

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